



Relevant Live Solutions ~ Empowering people through connecting and sharing resources. Real people. Real connections. Real resources.

Newsletter Highlights

New BOOK Released!

Juliet's second book, "As I Walked, One Man's Quest for Sexual and Spiritual Identity" released on March 1st.

This memoir is for anyone who ever struggled with their faith in a loving God.

Page 1

Mental Health Allies

We have allied ourselves with two life coaches who provide services to our people.

Page 2



Jessica Hall Update

Relevant Life Solutions has walked with Jessica and her son through some deep valleys. We are so proud of her for persevering and thriving in her college work!

Page 2

Single Moms Served

The single moms and children we serve have ongoing needs. We have never said, "No."

Page 2



Ice Cream & Playdough

Sometimes help looks like McDonalds sundaes and neon colored Playdough. When a family is in crisis, one of the kindest things we can do is bring a smile to a child's face. We are happy to be the hands and feet of Jesus.

Page 2

Speaking Engagements

After the pandemic paused all speaking engagements, we are once more sharing hope with live audiences.

Book Us in 2021.



New Book Released!

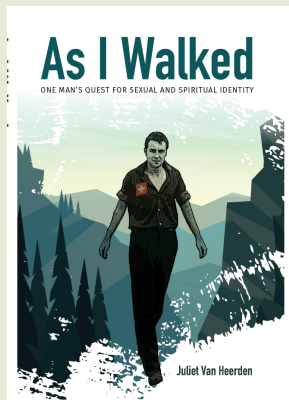
"As I Walked reflects the simplicity and natural relationship Geoff pursued with God. If a person can grasp God's calling, compassion and true love for them, genuine healing and transformation can take place. This is what I get from your book." Michele

For those in our path who struggle with sexual identity, self-worth and/or their walk of faith, we now have a new tool to place in their hands. *As I Walked* is a God-story unlike those that gloss over the details and get quickly to the happy ending. This is a book that takes the reader's hand and walks them through the valley of despair onto the mountaintop of faith!

Sharing Opportunities Open Up This Spring

The 2020 pandemic effectively cancelled or postponed our scheduled speaking engagements. This gave me opportunity to focus on completing *As I Walked* and preparing to launch it in 2021. As the

God does not simply want to change our behavior. He longs to heal our wounded hearts. Mr. P's true identity emerged as he walked out his quest for who he really was, and sought to be the man he was created to be. @Asiwalked



calendar fills with new opportunities to share hope and healing with hurting hearts through our in-person seminars, I am excited to have this new book to share.

My heart aches with those who feel hopeless and stuck in their situations. There are so many conflicting messages regarding sexuality in today's culture. I'm pleased to share a story that can give hope to anyone who feels confused, stuck

or misunderstood as they try to figure out their true identity.

If you know or love someone who is struggling in this area, please reach out to us. We will add them to our growing prayer list and send them a signed copy of *As I Walked*. We can even put them in touch with people who will personally walk alongside them in their spiritual journey.

Want Us To Come To Your Church or Group?

With everything being "ZOOMed" lately, people have become more isolated than ever. Healing takes place in community. If your community is starting to open up again, please consider inviting me to share a day or weekend with your group. I'm excited to share some new messages and resources that will really bless people in these unusual times.

--Juliet Van Heerden

Please email info@julietvanheerden.com to book your event.

Order your copy of *As I Walked* today at www.julietvanheerden.com or on Amazon.

Mental Health Allies

2020 held so many crises for people all over the world. In addition to job loss and physical health issues, mental health took a serious hit as people’s support groups and churches stopped meeting in person. Fear, boredom and isolation caused drastic increases in depression, anxiety, relapse into addiction and even an increase in domestic violence.

Relevant Life Solutions has partnered with Grief Recovery Coach, Karen Nicola (Comfortfortheday.com) to offer grief



recovery at discounted rates for those in desperate need of this valuable resource.

We have also referred domestic violence victims to Sarah McDugal (sarahmcdugal.com) for Abuse Recovery Coaching and related resources.

Thanks to our partners and consistent monthly donors, we have been able to provide these resources at no cost to the people in crisis.

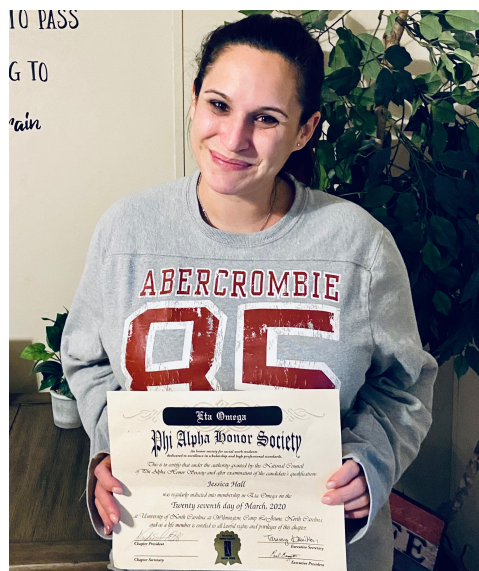
Here’s a note from one of our clients: “Your donation towards my counseling sessions with a person who went through similar trauma as myself was so impactful in my time of need. I’m forever grateful for you doing this for me. I’m not sure I’d be where I am without her guidance. What you did for me is priceless! Thank you.”

Jessica Hall Update

Remember Jessica? She’s the young woman YOUR DONATIONS purchased a

laptop for after a hurricane destroyed her belongings. Jessica was recognized as an outstanding student in her Social Work program and received the Phi Alpha Honor Society certificate from her college last semester! We are so proud of her.

When the pandemic shut down the restaurant where she worked, Jessica, a single mom, struggled to make ends meet. She was unable to come up with the fees needed to start her senior year in college. Again, THANKS TO OUR SUPPORTERS, Relevant Life Solutions was able to send a check to her college so Jessica could begin her fall semester. She will graduate this spring with her undergraduate degree in Social Work.



Currently Jessica is applying for Master’s programs in her field.

Not so long ago, Jessica asked if we could provide her with a Bible, which we happily did. We are thrilled to continue to walk alongside this remarkable young woman as she works toward her goals and grows in her faith.

Thank you so much for your continued support of our ministry, which allows us the privilege of seeing God change lives. We are a small organization, but with Christ, we are making a big impact in the lives of the individuals He brings across our path.

Single Moms & Orphaned Kids

Relevant Life Solutions continues to assist several single moms with basic needs like

food, rent and utilities. Sometimes the needs appear to outweigh the resources, but God ALWAYS provides and we have never had to turn anyone away who asks for our help.

We have a burden for our sister-ministry in Romania, but have not been able to help in several months. We partner with the director of a rural school that houses



Pictured above is a studio apartment RLS helped a single mom move into.

and supports children rescued from abuse, violence and trafficking situations. This ministry is especially dear to my heart because my mother started the church/school with funds from her settlement money after our car accident nearly 30 years ago.

May I ask you to pray for the people and ministries mentioned in this newsletter? May I ask you to pray for me as I seek to grow our database, support and resources in these uncertain times? I’m so grateful to God for the opportunities we have to serve Him by serving others. Thank you for being part of our ministry to provide Relevant Life Solutions to people in need of spiritual, practical and loving support.

www.Relevantlifesolutions.org

www.julietvanheerden.com

info@julietvanheerden.com